



# Official Timetable

## Speedlifesaving Competition 2016

### Friday 22.04.2016

20.00 First Arrival, (Turnhalle Au)

### Saturday 23.04.2016

10.00 Arrival, Inscription (Entrance Hall Pool)

11.00 Warm Up

11.30 Team Manager Meeting

12.00 Start of the Competition

1. Obstacle Swim

2. Obstacle Relay

... Modifications Brake ...

3. Manikin Tow with Fins

4. Manikin Relay

5. Manikin Carry with Fins

6. Rescue Medley

7. Super Lifesaver

8. Medley Relay

... Modifications Brake ...

9. Manikin Carry

10. Line Throw Relay

18.30 End of the Competition

19.30 Dinner and Victory Ceremonie «Turnhalle Au, Sommerhaldenstrasse 31, 5200 Brugg»

20.30 Closing Party

### Sunday 24.04.2016

10.00 Last Departure from the Sports Hall