



Official Timetable

Speedlifesaving Competition 2013

11.30 Arrival, Inscription (Entrance Hall Pool)

12.15 Warm Up

12.45 Team Manager Meeting

13.00 End of Warm Up

13.15 Start of the Competition

1. Obstacle Swim

2. Obstacle Relay

3. Line Throw Relay

4. Manikin Tow with Fins

5. Manikin Carry

15.45 Uhr 45min Break

6. Manikin Relay

7. Manikin Carry with Fins

8. Rescue Medley

9. Super Lifesaver

10. Medley Relay

19.00 End of the Competition

19.30 Victory Ceremony (Pool)

20.30 Dinner « Restaurant Sonne Windisch »