

speedlifesaving

15.03.2014

... take the challenge...

Brugg - Aargau

The two world record holder Manuel Zöllig (SLRG Baden-Brugg) and Pascal Stöckli (SLRG Innerschwyz) invite you to probably the fastest race of the Lifesaving Sports history.

The concept of Speedlifesaving is easy. The official ILS Pool Lifesaving disciplines, which are designed for a 50 m Olympic pool will be reduced by 50% and held in a 25 meter pool. In addition, certain performance measures have been removed but the disciplines have to be performed generally compared to the ILS Rulebook. SpeedLifeSaving is the fastest and most powerful variant of a Pool Lifesaving Event.

We are looking forward to seeing you again in Brugg.

www.speedlifesaving.ch

Hosting Club	SLRG Sektion Baden-Brugg												
Event organizer	SpeedLifeSaving.ch												
Date	15 March 2014												
Venue	Indoor swimming Pool "Badi Brugg" Brugg – Aargau, Switzerland Frei- und Hallenbad, Kanalstrasse, 5200 Brugg AG												
Participants	SLRG Baden-Brugg - CH SLRG Innerschwyz - CH Invited Teams												
General Remarks	<ul style="list-style-type: none"> - The competitions will not be held according to the international rules of the ILS "Competition Manual". - The competitions will be held according to the international rules of "SpeedLifeSaving Manual". - The event sponsors reserve the right to display advertising on the material (eg fins). 												
Arrival	Saturday 15 March 2014 from 1000 h												
Competition	Saturday 15 March 2014 from 12.00 – 17.30 h												
	<table> <tr> <td>1000 h</td> <td>Arrival</td> </tr> <tr> <td>1100 h</td> <td>Warm-Up</td> </tr> <tr> <td>1130 h</td> <td>Team Manager Meeting</td> </tr> <tr> <td>1200 h</td> <td>Start of the competition</td> </tr> <tr> <td>1730 h</td> <td>End of the competition</td> </tr> <tr> <td>1900 h</td> <td>Dinner</td> </tr> </table>	1000 h	Arrival	1100 h	Warm-Up	1130 h	Team Manager Meeting	1200 h	Start of the competition	1730 h	End of the competition	1900 h	Dinner
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	The final schedule will be published in the internet.												
Awards	SpeedCHamp Women & Men (Results from all Individual events) SpeedCHamp Team (all Results from every Team member in the Individual events – women and men – and all the Results from the Team events)												
Victory Ceremony	After the competition.												
Note	Each competitor will receive a heat number and a lane at the beginning of the competition in which he/she has to complete the whole competition. For a frictionless competition the competitors are requested to bring all the competition equipment back to the initial position.												
Registration	15 February 2014 (sent by email) The "Entry form" has to be sent by email to Pascal Stöckli (pascal@speedlifesaving.ch) before 15 February 2014. The registration will be confirmed.												
Changes	Deadline for changes is 2 March 2014 . (after this date, no more changes are accepted)												
Cost regulation	Charge for participation and closing dinner is CHF 50.- per person (entry fee and dinner). To save bank charges the costs has to be paid by the Team Manager before the competition (accreditation) in cash to the organizer.												
Absence	In case of absences the costs will be charged to the Team Manager.												

Confirmation	Approximately 5 days before the competition the event registration confirmation (with all changes) will be sent with further information.
Closing dinner	The dinner is organized by the competition organizer and is in principle compulsory for all participants.
Travel expenses	Travel expenses have to be paid by the participating delegations themselves.
Starting requirement	<p>Own competition equipment (fins)!</p> <ul style="list-style-type: none"> - All registration forms must be fully provided. - All costs must be paid before the start. - All conditions of the competition rules of "SpeedLifeSaving" must be recognized. - The ZOBA SpeedLifeSaving Competition Caps must be worn.
Limitation of Participants	For organizational reasons, the number of participants is limited to 80 participants (40 women / 40 men). The competition is constituted as an invitation competition.
Legal responsibility	The organizers are not liable for accidents and material damage caused during the event.
Overnight accommodation	We offer an option for accommodation (sports hall) close to the competition venue (5min walk) at a price of CHF 5.- per person. The hall is open from Friday 14.03.2014 20.00 until Sunday 16.3.2014 12.00. Each Competitor has to bring his own sleeping bag, inflatable mattress etc. The organizers are not liable for lost or stolen items. There is no organised food at the sports hall. Food can be bought in the city (5min walk.)
Contact	<p><i>Chairman of the Organizing committee</i> <i>Manuel Zöllig</i> <i>Email: speedlifesaving@zoba.ch</i> <i>Tel: +41 79 937 68 59</i></p> <p><i>Communications & PR</i> <i>Pascal Stöckli</i> <i>Email: pascal@speedlifesaving.ch</i> <i>Tel: +41 79 639 47 37</i></p> <p><i>Sponsoring</i> <i>Manuel Saxer</i> <i>Email: manuel.saxer@me.com</i> <i>Tel: +41 79 785 41 81</i></p>

Yours sincerely
The organizing committee

Manu / Pascal / Manu
SpeedLifeSaving.ch