



Official Timetable

Speedlifesaving Competition 2014

Friday 14.03.2014

20.00 First Arrival, (Sports Hall)

Saturday 15.03.2014

10.00 Arrival, Inscription (Entrance Hall Pool)

11.00 Warm Up

11.30 Team Manager Meeting

12.00 Start of the Competition

1. Obstacle Swim

2. Obstacle Relay

... Modifications Brake ...

3. Manikin Tow with Fins

4. Manikin Relay

5. Manikin Carry with Fins

6. Rescue Medley

7. Super Lifesaver

8. Medley Relay

... Modifications Brake ...

9. Manikin Carry

10. Line Throw Relay

17.30 End of the Competition

18.00 Victory Ceremony (Pool)

19.00 Dinner « Campus Restaurant FHNW Brugg-Windisch, 5210 Windisch »

Sunday 16.03.2014

11.00 Last Departure from the Sports Hall